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TEXT-Now ye are the body of Christ and members one of another.-I Cor. 12:27. Imagine a slave-trader writing

Quiet, Lord, my forward heart, Make me teachable and mild; Upright, simple, free from art, Make me as a weaned child; From distrust and envy free, Pleased with all that pleases thee.



hymn like this:

But it so happens that John Newton was not a slave-trader when he wrote this. From a blasphemous, brutal slave - driver. cracking his cruel lash over the backs of his black chattels, he had become one of the most sainted of our hymn writers. If ever a man passed from

death unto life,"

"from the power of Satan unto God," It was this sweet singer of the Christian church, Some one else had taken possession of John Newton's personality; had softened, sweetened and molded it into his own likeness and image, and that one was Christ.

The transforming power of life has been utilized to illustrate the manner in which the Lord of Glory transforms humanity into his own likeness. The figure used is that of the human body, amazingly intricate in its makeup, yet, in all its variety, a wonderful unity. A living personality dominates its every part, causing every atom of matter to pulsate with its own life. Every atom of this body of mine once lay dead in the senseless clods of the earth, a highway for worms. Now, they are mine, and they have passed from death unto life. By the power of this life present within me, they have been transformed into living tissue, formed into myriad cells, assembled and arranged to suit my particular needs, the whole becoming my

Soul Revealer.

The soul is sometimes spoken of as "imprisoned in a tenement of clay," but is this true? The body does not shut in and conceal the soul, but just the contrary. It is the great soul revealer. Indeed, so far as we have any experience, it is the soul's only revealer. We can know nothing about each other save as we reveal ourselves through the acts of the body. Our characters are written plainly across our faces so that even "he who runs may read."

The sublime truth which the New Testament teaches us is that the Spirit of the Infinite God lays hold upon us who are dead in trespasses and sins and takes up his dwelling in the humblest believer in Christ. Through these believers, in whatever place or time, the Spirit of Christ reveals himself to the world. God has many ways of revealing himself, but in the moral world only one, and that is through moral agents submitted to his loving control. Does the world see in me anything to suggest the character of Christ? Is the world led to sense the presence of the Master in my conduct of business affairs? Do my companions in the home who know me most intimately, appreciate the control of this divine life? But to be a true revealer, the body must be

The Bond Servant The body is not only the revealer, but also the servant of the soul, and just so far as it serves, it reveals. With one sovereign will controlling every part of my body, every member alive and alert to obey, I am enabled to do work in the world with delight and ease. But if any member refuses to obey, what hindrance and loss re

And has our master no object to attain? What must be the yearning of his great heart to bind up the world's cruel wounds in this crisis, and how can he perform this ministry of healing except through the yielded obedience of the members of his body? God grant us the will to surrender to him. and that habit of alacrity in our obedience that delights to do his will. This old world has no greater need than "He that doeth the will of God abideth forever."

will is not mine own, fill thou hast made it thine; cannot reach a monarch's throne

Until its crown resgna;
It only stands unbent amid the strife,
When on thy bosom it has leant,
And found in thee its life.

-George Matheson

Divinely Appointed Process.

We are to look upon the monotony and the hardships which meet us in our experience as a divinely appoint To stand them, we must see them in their true proportions, against the background of the will of our Father. They do not come accide into our lot. We need not steel our selves to endure them as if they were irrational interferences with us. Best nces through which every one had to pass under the dis the Father, not excepting the son him-

Barley Currant Cakes.

Cream one-fourth of a cupful of shortening with one-half a cupful of sugar. Add two egg yolks, one-half a cupful of milk and beat well. Stir in two teaspoonfuls of baking powder, sifted with three-fourths of a cupful of barley flour. Add one-half cupful of currants, one teaspoonful of lemon extract and fold in the beaten whites of two eggs. Bake in a greased muffin pan in a moderate oven.

Potato Pancakes.

Grate six raw potatoes, add one-half teaspoonful of salt, one tablespoonful of milk, one egg and three tablespoonfuls of flour. Mix and cook on a hot greased griddle. Serve with apple

Peanut Cookies. Cream one-fourth of a cupful of sugar with two tablespoonfuls of shortening. Add one beaten egg, two tablespoonfuls of milk and three-fourths of a cupful of flour, sifted with a teaspoonful of baking powder and a pinch of salt. Stir in half a cupful of chopped peanuts and half a teaspoonful of lemon extract. Drop from spoon on a greased baking pan and bake in quick oven.

Economy Cake.

Take one tablespoonful of melted butter, one egg, two-thirds of a cupful of milk, two cupfuls of sifted flour, two teaspoonfuls of cream of tartar and a teaspoonful of soda sifted with the flour. Bake in layers or in a loaf, adding flavoring desired.

Oatmeal Biscuits.

Sift together one and one-fourth cupfuls of flour, one and one-half teaspoonfuls of baking powder, one-half teaspoonful of salt, two tablespoonfuls of sugar, one and one-third cupfuls of oatmeal, six tablespoonfuls of melted shortening and two-thirds of a cupful of water. Mix and roll out thin on a floured board; cut with a biscuit cutter and bake in a greased pan in a moderate oven twenty minutes.

Corn Oysters.

Sift a half cupful of flour with a teaspoonful of baking powder and a half teaspoonful of salt, add two tablespoonfuls of melted fat to one can of corn; mix all together and add two beaten eggs. Fry in a little fat until brown, then turn.

Corn Flour Dumplings. Take a cupful of corn flour, a tea-

spoonful of salt, four tablespoonfuls of milk, two eggs, a teaspoonful of baking powder; mix and beat well, drop into hot stew by tablespoonfuls.

Neceie Maxwell

Find Frosted and Decayed Potatoes May Be Utilized in Manufacture of Starch

Frosted and decayed potatoes have been found in trials conducted by the United States department of agriculture to be entirely capable of producing acceptable and frequently normal yields of clean, white starch of good quality. Much of this material appears to possess a potential value for the production of sizing starch approximating that of the stock at present used for this purpose. The mechanical difficulties in recovering from decayed pulp are sometimes less than from normal stock. Modified procedure adapted to these abnormal pulps doubtless could be devised, department specialists say, but there seems to be no reason why the present method might not be applied profitably in the meantime in the production of sizing starch in large factories at the large shipping centers installed to utilize the great quantitles of frozen and decayed potatoes arriving during the fall and winter. This would turn to profitable account large supplies at present without value, but which are a serious burden of expense since to their cost of production must be added transportation and dumping charges.

The People Who Suffer Most From Their Conscience Are Sensitive and High-Minded

There may be well-intentioned people who say that virtue always leads to success and vice to misery. But it is an obvious and monstrous falsehood in a world where we profit by the good deeds of our parents and where millions are suffering unutterable tortures because of the deeds of foreign poten tates. That those who suffer must have been wicked, and that those who triumph must have been virtuous, is one of the most inhuman beliefs in hisory. As to the doctrine that the reward of virtue is to be found in a clear conscience or high satisfaction—that is an even more violent falsehood. The people who suffer most from their conscience are obviously the sensitive and high-minded, while self-approbation comes most easily to the complacent and fortune favored Jack Horners. The doctrine that the reward of moral life is a feeling of satisfaction or happiness is not only contrary to moral ex-perience, but is intellectually sterile.— The New Republic

Mother's Gook Book FRANCE HAS MORE **WORKERS THAN JOBS**

Returning Army to Civil Life ty-five commissions composed of specialists in various lines have prepared **Brings Problems Unlike** Those in U. S.

WORKSHOPS ARE WIPED OUT

Labor Readjustment Is Subject of Greater Importance in France Than in Any Other Belligerent Country.

Paris.-Readjustment of labor after demobilization looms as the biggest

after-the-war question in France. A committee of members of the French chamber of deputies has officially asked the government what steps toward labor reconstruction are to be taken.

Appointment of a commission to study the question has just been announced.

Labor readjustment is a subject of greater importance in France than in any other belligerent country-outside of Belgium, perhaps—because so many factories and commercial enterprises ave been destroyed by the war.

When the soldiers are demobilized great number will not be able to eturn to the work in which they were angaged before the war. Their workshops have been wiped out.

Many others who have been ployed on war work in munitions plants will be thrown out of employment. For such concerns will have to shut down while they adapt themselves, many of them slowly, to a peace-time line of manufacture.

Another class of men, who have been away at the front four years, will find no places open because they have been replaced by other laborwomen, in numerous cases,

The government faces the problems of having more men on its hands than it has jobs. A quick solution is imperative, according to the view of prominent labor leaders.

"Every other country except France has thought about this matter," said Emmanuel Brousse, a French deputy

and a member of the newly appointed labor adjustment commission. "Britain has been working on the labor question for a long time. Twen-

PLANS FLIGHT TO POLE



to the North pole to plant the American flag where his scientific in-

Darky Chef Finds Good Place for

Kitchen.

Hot Beef and Fried Onlone Replace

Marie Antoinette and Louis

XVI History.

With the American Army in the Ar-

gonne.—A darky cook from Alabama is turning out hot bully beef and fried

mions in Varennes in the ruins of the

nn where Marie Antoinette and Louis

XVI were captured by French peas-

ants in their flight from the revolu-

The old stone building itself had

fallen into decay long before this war.

But the Germans had burrowed dug-

outs into its cellars and some sort of

a German headquarters was, established there until the terrific bombardment that preceded our greatest offensive completely leveled the ruins.

Varennes itself fell to the Yankess a

a solution.

"Germany had its after-war program definitely mapped out. First the men who in civil life were engaged in such occupations as technical, commercial, industrial, financial and transport were to be freed from army service. Other kinds of workmen were to be

demobilized successively.
"France must not lose a moment in napping out its labor readjustment lowances are to be continued. plan. Otherwise there will be a social catastrophe."

Labor leaders in France point also French.

France has no vast unoccupied lands | ble.

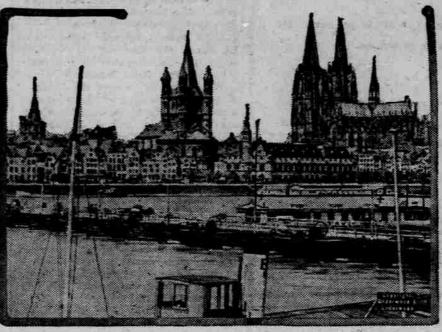
as the United States has, except in its northern African colonies. All of France is cultivated intensively, leave ing none for reciamation by demobil-ized soldiers. And it is calculated ized soldiers. And it is calculated that few will want to leave their own country for the purpose of coloniza-

G. H. Roberts, British minister of labor, recently discussed this subject before an audience of British soldiers at the British Army and Navy Leave club in Paris.

The British minister said temporar ily unemployment difficulties of demo-bilized soldiers would be met by a free out-of-work donation covering a period of 12 months after discharge. This will be additional to the month's furlough given each man on his discharge, during which time pay and al-

The skilled workman among British soldiers, Roberts said. Is safeguarded by the munitions of war act, giving to the preparations in America for him the assurance of reinstatement in distributing farming land to demobile employment. Committees, he said, ized soldiers. But they remark that would establish employment agencies this method of finding something for in all cities and everything possible the ex-soldier to do is closed to the would be done to make labor resettlement as speedy and smooth as possi-

COLOGNE TO BE HELD BY YANKEES



Cologne, one of the most important gateways to Germany, is to be occupied by American troops under command of Maj. Gen. Joseph T. Dickman. The city is to be held as a guarantee until the final peace treaty is proclaimed. This photograph shows Cologne's cathedral, town hall and bridge of boats

MEXICO HIT BY "FLU"

Most Fatal Epidemic in History one-third of those stricken with the influenza are said to have succumbed to of Country.

Shortage of Necessary Drugs One of Reasons for Heavy Death Rate.

Laredo, Tex.-According to reliable information brought here by arrivals from various portions of Mexico, the present epidemic of Spanish influenza in that country has been the most fa-tal epidemic in the history of Mexico, the death rate exceeding that caused by any previous epidemic of typhus, yellow fever or smallpox. The undertakers of Mexico were caught in the influenza epidemic without practically ny supply of coffins or caskets or hand, and even the old custom of renting caskets for burial purposes only, after which the body is removed at the grave and placed in a pine box, to be abandoned, as some of the wealthler class were buried in caskets that were formerly used for rental purposes only.

In Mexico City it is estimated that at least 40,000 cases of influenza were in that city the middle of October, many cases developing into pneumonia and causing several thousand deaths, these latter being mostly among the poor people who contracted the disease and were compelled to lie down on the dirt floors of their jackals and there contracted pneumonia and died. A big death rate also occurred among Portrait of Capt. Robert A. Bartlett. the better class, despite the care givan officer in the United States navy, en them. In Guadalajara, Guanajuato, who plans an airplane flight from Torreon, Tampico, Saltillo and Monterey the number of cases of influenza were heavy, while the death rate was struments indicate the location of the likewise heavy. In Vera Cruz over

For a few days American tanks had

their headquarters in the yard sur-

moved up and colored laboring detach-

ments established headquarters in Varennes while they smoothed over

shell holes in the roads. What was

left of one of the walls of the old inn

struck a colored cook as a good lean-to against which he could protect his

fire from the wind and in a jiffy he

has a roof. During the first four years

of the war the town escaped heavy shellfire, though it was within easy range of French artillery. But the battering fire of our guns on the open-ing morning of the Argonne attack

aid the old church in ruins, flatter

thetic milk is being

out the modern dwellings along the river and sent strong buildings in the center of the town sprawling.

had his kitchen going.

Not a single building in Vare

subsequent pneumonia. In many places the heavy death rate in Mexico was due to the shortage of aspirin, quinine and other necessary drugs used in the cure of influence.

BUYS LICENSE FOR DEAD PET

Court Rules That Dog's Demise Does Not Relieve Man of Responsibility.

Kansas City, Mo .- "You're charged with failure to buy a license for your log. Guilty or not guilty?" asked the assistant city counselor of A. M. Brown, in the South side court. "Guilty," answered Brown. "But,"

he continued. "Luther died yesterday." "No excuse," replied Mossman. "You obtained no license for the dog in the past ten months. You must pay one

The judge concurred with the coun

******* NO BISMARCKS-BUT LOTS OF KELLY ROLLS

Springfield, Ill.-Heard in popular eating place here: Patron-Gimme a coupla' Bis-

marcks, an' a cupa' coffee. Waitress (with hang-dog look)

Ain't got no Bismarcks. Patron (pointing)-There they are, right there.

Waitress-Oh, them ain't Bismarcks; them's Kelly rolls! Patron-Aw' right, gimme some Kelly rolls, then.

*********** PATRIOTS CUT PASTOR'S HAIR USES HISTORIC RUINS few hours later as the Germans re treated to the ridge of hills, beyond.

Mennonite Is Roughly Handled for Failure to Aid War Work Drive

Urbana, Ind.—United war work so-licitors in Salem township, this coun-ty, took Rev. S. E. Allgyer, Mennonite preacher, from his home, where a cot tage prayer meeting was in progress, and after his refusal to subscribe to the fund, clipped his hair with horse clippers. Other Mennonite homes were visited, but subscriptions were

The minister was called to the door and asked for his subscription. He stated that he didn't know to whom he was talking. His porch light was turned on, and every member of the committee and his neighbors stood out clearly. After parieying a while he flatly refused to donate and some cried: "Bring him out."

rican flag over him, the ancie

DIFROVED UNIFORM INTERNATIONAL

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LESSON FOR JANUARY 5

PHARAOH OPPRESSES ISRAEL.

LESSON TEXT-Exodus 1:7-2:8. GOLDEN TEXT—He shall save the children of the needy, and shall break in pieces the oppressor.—Psalms 72:4.

DEVOTIONAL READING-Psalms 2. ADDITIONAL MATERIAL—Exodus 5:1-61; Hebrews 11:23-27.

The book from which the next eight lessons are taken is a continuation of the story of the chosen people. Its central theme is redemption—the de-liverance of Israel from bondage and their separation unto God. The question of relationship from Egyptian bondage is a type of our own redemption from sin's bondage (I Corinthians 5:7). Pharaoh represents the devil. and Egypt the world.

I. The Increase of the Chosen Seed (1:7).

After Joseph's death Israel quickly grew into a nation. This increase was the fulfillment of Genesis 35:11, which promise was repeated to Jacob just before going into Egypt (Genesis 46:3). If it be the problem of how a little company of seventy persons could become an host of six hundred thousand men In so short a time, let us remember that God promised it, and all difficulties will vanish. There is a time coming when there shall be another amazing increase in Israel (Ezekiel 36:10, 11, 37, 38: 37:26).

II. A New Dynasty (1:8-10). Joseph's elevation in Egypt was dur-ing the reign of the Hyksos kings. Being of Semitic origin they were not hostile to the Hebrews, but when there "arose up a new king which knew not Joseph" (v. 8) the amazing growth of the Israelites excited his envy and fear (vv. 9, 10). This fear was twofold: (1) In case of war they might join the enemy and fight against them. (2) Lest they should remove from the land, thus cutting off a vital source of revenue and exposing to danger the eastern border of the land.

III. Measures to Check the Growth of Israel (1:11-22).

These measures place on exhibition the folly of worldly wisdom (1 Corinthians 3:19). Their fatal mistake was that they left God out of their calculations. God had promised that Israel should be great in numbers and mighty in power. He who plans against God shall miserably fail and shall be shown

to be a fool. 2. Cruel Taskmasters (vv. 11-14). They were placed under heavy burdens. Cruel taskmasters were placed over them who forced them to labor in building treasure cities and all man-ner of service in the field. This measure was ineffectual, for "the more they afflicted them, the more they multi-piled and grew." This rapid growth resulted in more intense burdens being

heaped upon them. 2. Murder of Male Infants by the Midwives (vv. 15-21). This measure also miscarried, as the midwives feared God and chose to obey him. Because they refused to destroy God's people he gave them homes and children and the joys thereof.

3. Drowning of Male Children in the River (v. 22). In order to make this measure effective all the people were charged with the responsibility of casting the Hebrew male children into the river. This mandate seems to have been given shortly before Moses was born. This plan likewise was folled, and the very child who when a man upset his throne, was sheltered and nurtured in his own palace.

IV. The Birth and Education of Moses (2:1-8).

The measure which was designed to destroy the Hebrew menace, also brought to Pharaoh's palace and educated there the very man who afterward shattered the Egyptian power and set free the enslaved people. The faith of Moses' parents caused them to ignore the command of the king and hide him for three months (Hebrews 11:23). Faith in God is the antidote for fear (Psalms 27:1). His mother discerned in him a proper child, or a child fair to God (Acts 7:20), and believed him to be the deliverer of his people. She no doubt instilled this truth in his mind from his childhood. Perhaps led by the story of Noah's ark she made an ark of bulrushes and placed Moses in it and left it at the place where Pharaoh's daughter would be attracted when she came down to bathe. Miriam, his sister, was placed where she could watch the affair. She came with a suggestion at the opportune moment as to a nurse for the baby. Education at his mother's knee gave character, and education at the Egyptian court qualified him to be the historian and lawgiver of his people

Necessary Ingredients.
"Love suffereth long and is kind; love envieth not; love vaunteth not itself." Get these ingradients into your life. Then everything that you do is eternal. It is worth doing, it. is worth giving time to.

Self-denial when regularly kept and not only indulged now and the out of inxiness or partial affection, one of the clearest tokens that Go boly spirit is with men, prepari them for eternal glory.—Keble,